

Home › News › Jay Langadinos sues psychiatrist for professional negligence over gender transition

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Jay Langadinos. Photo: Janie Barrett

The Greek Herald

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News

In a [Sydney Morning Herald](#) article today, Jay Langadinos has detailed her gender transition experience.

Langadinos was 19 years old when she first visited psychiatrist Dr Patrick Toohey, in May 2010. At the time, Dr Toohey diagnosed her with gender dysphoria and found her eligible to take masculinising hormones.

In 2012, Dr Toohey approved Langadinos' request to undergo double mastectomy and seven months later a hysterectomy.

Now, at 31 years of age, Langadinos no longer identifies as a male and is suing Dr Toohey for professional negligence. She is alleging that he "knew or ought to have known" she required further psychiatric and specialist evaluation prior to approving the procedures.

Langadinos told *The Sydney Morning Herald*: "Knowing that I can't have children is absolutely devastating."

Full Story: [*The Sydney Morning Herald*](#)



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The advertisement features a blue background with a network of white lines. On the left, a hand holds a tablet displaying the Greek Herald's front page with a man's portrait and the headline 'ΑΥΤΟΚΡΑΤΗΣ ΜΟΤΟΡΟΛΙΑΣ ΒΡΑΝΚΟΝΑΣ ΤΟΥ ΕΛΛΗΝΙΣΜΟΥ Η ΠΑΡΟΙΚΙΑ'. On the right, a hand holds a smartphone displaying the newspaper's sports page with a '50' and '95' score. The text 'THE GREEK HERALD DIGITAL PRINT EDITION' is centered, followed by the tagline 'Be informed, entertained and inspired with The Greek Herald wherever you are.' and a 'SUBSCRIBE NOW' button.