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# Woman sues psychiatrist for approving gender transition after just one meeting

By Snejana Farberov

August 24, 2022 10:17am Updated

An Australian woman who transitioned to male, before realizing it was a mistake, is suing a psychiatrist

after he approved her female-to-male hormor off on two surgeries to remove her breasts an

Jay Langadinos, now 31, was just 19 when sl psychiatrist, in May 2010.

The teen was referred to him by her endocrin transition.

Cassville Superintendent Merlyn Johnson said parents had expressed frustration that corporal punishment was no longer allowed

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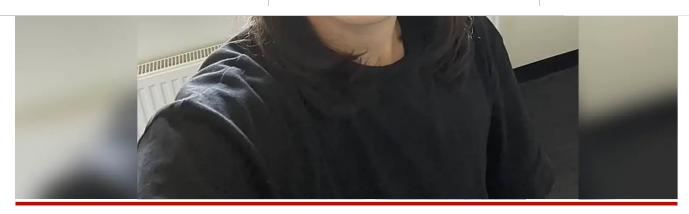
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Jay Langadinos, who no longer considers herself a male, claims Dr. Patrick Toohey signed off on her gender transition surgeries without much consideration.

The specialist wrote that Langadinos was very young and needed "a throughout psychiatric work-up before embarking on hormone treatment," according to a statement of claim filed in the New South Wales Supreme Court and cited by the Sydney Morning Herald.

After his first meeting with the teen, Toohey concluded that Langadinos suffered from gender dysphoria and was fit for testosterone therapy, the document states.

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The next time Langadinos had an appointment with Toohey in February 2012, she told him she was eager to undergo "top" surgery to have her breasts surgically removed as part of her transition.

Toohey approved the double mastectomy for his patient, who underwent the procedure in April of that year, according to the court filing.

Trow, meany a decade later, Langadinos — who no longer



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Langadinos says that in 2016 — four years after her hysterectomy — she was receiving psychiatric treatment from another doctor when she "came to the realization that she should not have undergone the hormone therapy or the first and second surgeries."



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In 2020, Langadinos consulted an endocrinologist about stopping her testosterone treatment.

In the documents, Langadinos argues that Toohey should have realized she might be autistic and referred her for further treatment.

She also contends that her social phobia should have been treated before she was ever prescribed hormone therapy.

Langadinos says in her statement of claim that the hormones and surgeries left her suffering from injuries, disabilities and complications, including early menopause, anxiety and depression, impaired psychological functioning and diminished capacity for employment.



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In an interview
with the Australian
news outlets the
Age and the
Sydney Morning
Herald, the 31year-old said:
"Knowing that I
can't have children

explained that growing up, she felt she was sattracted to girls. At 17, she went online and r

"I thought, 'That's what I have.' I decided that had in my body," she said.

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In a letter to an andrology fellow, Toohey allegedly said that when he first saw Langadinos, he had noted "a past history of significant social phobia and depression which may have been beyond gender dysphoria," according to the filing.

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when someone is diagnosed with an addiction, doctors don't respond by feeding into the addiction, and giving them drugs, alcohol, food. They work to understand the underlying causes. I don't understand why, in this situation, doctors just sign them up for surgery. There's CLEARLY an underlying, ...**See more** 

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Or a girl with an eating disorder who is 105lbs yet the "affirming" therapist agrees with her despite objective evidence she is starving herself to death and prescribes her a diet. That is what "gender affirming care" is all about instead of exploring WHY and the root causes and determining if it i...**See more** 

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This is as if someone went to a psychiatrist and told them they were Napoleon, and the doctor recommended that he buy the appropriate uniform and general's headgear.

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The sickness of this entire movement *cannot* be understated. These people are intent on destroying objective reality and the nuclear family, with the ultimate end game of forcing people to believe that which they *know* is manifestly untrue.

And forcing people to believe that which they know is manifestly untrue...**See more** 

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