

World

Sydney woman who transitioned to husband sues psychiatrist for negligence

👤 Emma Colton • 2 days ago 🔥 205



A woman who switched to a man is suing her psychiatrist for professional negligence after he approved her hormone therapy despite only seeing her for a single appointment.

Jay Langadinos, then 19, first saw psychiatrist Dr. Patrick Toohey after telling a doctor she "always felt like a boy and not a girl," according to a complaint filed with the NSW Supreme Court.

Jay was introduced to Dr. Toohey was assessed to determine if she was eligible for transitional treatment, and after a single meeting, Dr.

However, in court documents viewed by Daily Mail Australia, Jay claims the recommendation was made even though she admitted to having social phobias and was unaware that "psychological factors could

affect the outcome of the gender switch”.

Dr. Toohey also “strongly recommended” Ms. Langadinos to receive social and family therapy, although she did not receive either. Despite this, the doctor later approved surgeries to remove her breasts and womb as part of the transition.

Now, at the age of 31, Ms. Langadinos is suing Dr. Toohey for professional negligence and claims he failed to make the necessary arrangements for their transition.



Jay Langadinos was living in Sydney and identified as a male when she first saw psychiatrist and gender transformation doctor Patrick Toohey in 2010.

In her complaint, Ms. Langadinos said Dr. Toohey should have recognized that she may have autism and referred her for further evaluation by a specialist.

She also says her social phobia should have been treated prior to hormone therapy and that she was not given any information on how

the switch would affect her fertility.

Ms Langadinos claims the surgeries left her suffering with "injuries and disabilities".

She also listed several problems she faced "as a result of the negligence."

These include masculinization as a result of hormone therapy, the loss of their breasts, uterus, and ovaries.

She also cited complications from hormone therapy, including early menopause, anxiety and depression.

Ms Langadinos says her mental functioning has been affected and her employability has decreased as a result of the transition.

In an interview with The Age and The Sydney Morning Herald, Ms Langadinos claimed Dr. Toohey was negligent, adding, "To know I can't have children is absolutely devastating."

The office of dr. Toohey declined to comment when raised by Daily Mail Australia.

According to the documents submitted by Ms. Langadinos, Dr. Toohey realizes after their first meeting that she was desperate in elementary school because she had to dress as a girl.

He also noted that she had a 'tomboy' manner, was sexually attracted to women, had no friends, and her parents "didn't accept her transgender issues."

In a letter to an andrologist at Concord Repatriation General Hospital, Dr. Toohey acknowledged that Ms. Langadinos "had a history of significant social phobia and depression, possibly transcending gender dysphoria."

Ms. Langadinos is suing Dr. Toohey for professional negligence and claims he failed to make the necessary arrangements for their transition (stock).

In 2020, Ms Langadinos said she realized "she shouldn't have undergone hormone therapy, nor the first and second surgeries."

In January 2020, she also sought advice on stopping testosterone treatment.

Ms Langadinos said she has a complicated personal life and attraction to girls made her feel "defective" at 17.

Searching for answers online, she encountered gender dysphoria and thought, "This is what I have."

However, she said her transition led to even more unhappiness.

"As my dissatisfaction increased, I felt that the source of my dissatisfaction was that I wasn't a man, so the answer was to change my body even more," she said.

"I had a breakdown, couldn't function for a whole year. I couldn't get out of bed. I wish I had known then how hurt I was and why."

Solicitor Anna Kerr of the Feminist Legal Clinic in NSW referred Ms Langadinos' case to the law firm of Slater and Gordon.

"We can expect extensive litigation related to gender-affirming cross-gender hormones and surgery in the years to come," she said.

The case appears before a registrar at the NSW Supreme Court on Friday.

[https://www.dailymail.co.uk/news/article-11139585/Sydney-woman-transitioned-man-SUES-psychiatrist-](https://www.dailymail.co.uk/news/article-11139585/Sydney-woman-transitioned-man-SUES-psychiatrist-negligence.html?ns_mchannel=rss&ns_campaign=1490&ito=1490)

[negligence.html?ns_mchannel=rss&ns_campaign=1490&ito=1490](https://www.dailymail.co.uk/news/article-11139585/Sydney-woman-transitioned-man-SUES-psychiatrist-negligence.html?ns_mchannel=rss&ns_campaign=1490&ito=1490)

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